

Ready for a Challenge? Bite into a Healthy Lifestyle!



WHO:	All Emory employees & spouses or partners.	
WHAT:	A wellness challenge encouraging employees & PRILES their families to adopt healthier habits.	
WHEN:	Activities to complete daily from March 2nd - March 31st	
MORE INFO:	Go to <u>http://bit.ly/2015NUTRITIONCHALLENGE</u> for challenge instructions and to register!	LE

Registration Deadline: Friday, February 20, 2015

For more information contact **Emory FSAP** at <u>efsap@emory.edu</u> or **404-727-4328**.